

## Meals

### Quiches

- \$6.70 Quiche Lorraine (ham, cheese, tomato)
- \$6.70 Spinach and ricotta quiche **V**
- \$6.70 Mediterranean quiche (feta, olive, capsicum) **V**
- \$8.50 Caramelised onion and feta quiche **V GF**
- \$8.50 Ham and asparagus quiche **GF**

### Other Savouries

- \$9.50 Mexican tortilla stack **V GF**
- \$9.50 Pumpkin and feta risotto cake **V GF**
- \$8.80 Vegetarian sweet potato frittata **V GF**
- \$8.80 Bacon, cheese and tomato frittata **GF**

## Made to Order

### Toasts

- \$6.00 Plain toast (your choice of bread, served with spread)  
+ \$3.00 *for gluten free bread* **GF**
- \$6.50 Fruit toast (served with butter)

### Salad

- \$10.50 Full serving of salad (mesclun, tomato, onion, feta, carrot and cucumber) **V GF**
- \$6.50 Side salad (mesclun, tomato, onion, feta, carrot and cucumber) **V GF**
- \$14.00 Cold meat and salad (choice of ham, salami, roast beef or roast chicken) **GF**

### Gourmet Sandwiches

- \$10.50 BLAT (bacon, lettuce, avocado, tomato)
- \$11.50 Swiss Chicken (with swiss cheese, avocado, bacon)
- \$11.50 Rustic Chicken (with brie, avocado, sun-dried tomato, onion, spinach)

## Made to Order (continued)

### Custom Sandwiches and Rolls

1. Choose your base (sandwich/roll, bread type - GF available)

2. Add meat (chicken, beef, ham or salami)

3. Add salad and cheese (mesclun, tomato, onion, cucumber, beetroot, carrot, cheddar cheese)

\$8.00 Just meat

\$8.00 Just salad **V**

\$9.00 Meat and salad

### Add Extras

\$2.00 Hollandaise

\$2.50 Swiss cheese

\$2.00 Feta cheese

\$3.00 Brie cheese

\$2.00 Pineapple

\$1.00 Roast capsicum

\$3.50 Avocado

\$1.00 Dill pickles

\$1.00 Capers

\$1.00 Jalapenos

\$3.00 Gluten-free bread