

Meals

Quiches

- \$6.70 Quiche Lorraine (ham, cheese, tomato)
- \$6.70 Spinach and ricotta quiche **V**
- \$6.70 Mediterranean quiche (feta, olive, capsicum) **V**
- \$8.50 Caramelised onion and feta quiche **V GF**
- \$8.50 Ham and asparagus quiche **GF**

Other Savouries

- \$9.50 Mexican tortilla stack **V GF**
- \$9.50 Pumpkin and feta risotto cake **V GF**
- \$8.80 Vegetarian sweet potato frittata **V GF**
- \$8.80 Bacon, cheese and tomato frittata **GF**

Made to Order

Toasts

- \$6.00 Plain toast (your choice of bread, served with spread)
+ \$1.20 for gluten free bread **GF**
- \$6.50 Fruit toast (served with butter)

Salad

- \$9.00 Full serving of salad (mesclun, tomato, onion, feta, carrot and cucumber) **V GF**
- \$6.00 Side salad (mesclun, tomato, onion, feta, carrot and cucumber) **V GF**
- \$14.00 Cold meat and salad (choice of ham, salami, roast beef or roast chicken) **GF**

Gourmet Sandwiches

- \$9.50 BLAT (bacon, lettuce, avocado, tomato)
- \$9.50 Swiss Chicken (with swiss cheese, avocado, bacon)
- \$9.50 Rustic Chicken (with brie, avocado, sun-dried tomato, onion, spinach)

Made to Order (continued)

Custom Sandwiches and Rolls

1. Choose your base (sandwich/roll, bread type - GF available)

2. Add meat (chicken, beef, ham or salami)

3. Add salad and cheese (mesclun, tomato, onion, cucumber, beetroot, carrot, cheddar cheese)

\$6.00 Just meat

\$5.50 Just salad **V**

\$8.70 Meat and salad

Add Extras

\$1.00 Hollandaise

\$1.20 Swiss cheese

\$2.00 Feta cheese

\$3.00 Brie cheese

\$0.50 Pineapple

\$1.00 Roast capsicum

\$3.00 Avocado

\$1.00 Boiled egg

\$1.00 Dill pickles

\$1.20 Gluten-free bread